

Pleasantville High School

PLEASE READ CAREFULLY AND FOLLOW THE INSTRUCTIONS BELOW

1. All pages printed on colored paper are for your reference and are to remain at home.
2. **All papers printed on white paper are to be fully completed by the parent/guardian in blue or black ink.** Only the LAST page is to be completed by the doctor.
3. PLEASE carefully check that all information has been completed in the packet and **you and your child have signed every spot.**
4. PLEASE make sure you complete the medical history form (White Pg. 7) before taking your child to the physician. Pages 7-12 are the physical packet.
5. Students can turn in their sign-up packets to Mr. Carrington, the Athletic Director at Pleasantville High School.
6. **Physical Dates (uninsured athletes only!!!):**

Wednesday, Feb 22nd at the HS @2:30

Wednesday, March 1st at the HS @2:30

7. **DEADLINES - completed packets must be returned by:**

February 20th – to receive a school provided physical (non-insured athletes ONLY)

March 7th – if receiving a physical from your family physician or completing the medical update form only.

***All athletes must be academically eligible to participate in sports.

Dear Parent/Guardian:

THIS LETTER IS REGARDING YOUR CHILD'S INTEREST IN PARTICIPATING IN ATHLETICS.

THE PACKET INFORMATION HAS CHANGED. PLEASE READ IT CAREFULLY.

We are writing in regard to the state requirements for students to participate in athletics for Pleasantville Public Schools. As required by State of New Jersey code (N.J.A.C. 6A:16-2.2[b]), students who wish to participate in interscholastic sports must receive a medical examination & clearance by a medical doctor. If a student does not have medical insurance, the school's athletic physician is required to provide this examination at his/her office or other appropriately equipped facility. The medical examination (N.J.A.C.6A:16-2.2[h]), must include a determination concerning the student's participation. In addition, as required by State of New Jersey code (P.L. 2010, c.94, P.L. 2013, c.71 & Executive Order 72) parents & students must receive, review & sign the Concussion & Sudden Cardiac Awareness Sheets & Steroid Consent Form.

STEP 1 – FOR ALL ATHLETES

- A. You, as parent/guardian, are to keep the first four pages of this packet as a reference; this includes the Concussion Awareness Sheet, the Sudden Cardiac Death Sheet and the NJSIAA Steroid Testing Policy Sheet.
- B. You and your child must **complete & sign** the remaining forms.

STEP 2 – FOR ATHLETES WITH INSURANCE

- A. Please make an appointment with your child's doctor for a physical. The doctor must review the Preparticipation Physical Evaluation HISTORY FORMS(s) and must **complete & sign** the Preparticipation Physical Evaluation PHYSICAL EXAMINATION FORMS.
- B. After the physical, **all** forms must be given to the Athletic Director by the due date announced in school.

STEP 2 - FOR ATHLETES WITHOUT MEDICAL INSURANCE

- A. Entire completed packet must be given to the Athletic Director by the due date announced in school.
- B. The Athletic Trainer will schedule the athlete for a physical with the school's physician pending academic eligibility. These physicals will be arranged in advance and will be held during the preseason of the upcoming sport season.

NOTE: Your child will not be able to start official practice until all paperwork & physical are completed and returned.

If you have any questions or need further information, please feel free to contact the Athletic Trainer at 609-383-6900 Ext. 4042 or the Athletic Director at 609-383-6900 Ext. 4043. Thank you for your time.

Sincerely,

Derrick L. Carrington, Sr.
Athletic Director

Adriana Rodriguez, ATC
Athletic Trainer