



Dear Parent/Guardian:

**THIS LETTER IS REGARDING ATHLETIC PHYSICALS AND IS VERY IMPORTANT.
PLEASE READ IT CAREFULLY.**

I am writing in regard to the state requirements for athletic physicals for Pleasantville Public School athletes. As required by State code (N.J.A.C. 6A:16-2.2[b]), student medical examinations must be conducted at the medical home (family doctor's office) of the student and a full report must be given to the school. If a student does not have medical insurance, the school's athletic physician is required to provide this examination at his/her office or other appropriately equipped facility. The medical examination (N.J.A.C.6A:16-2.2[h]), must include a determination concerning the student's participation. **In summary, the Athletic Department of Pleasantville Public Schools will now require that all athletic physicals be performed at the athlete's medical home (family doctor's office), unless the athlete does not have medical insurance.** Once this physical has been performed, the examination report must be submitted to the Pleasantville Athletic Trainer for the school's athletic physician to review for approval/denial of athletic participation.

THE ENCLOSED FORMS MUST BE USED

FOR ATHLETES WITH A FAMILY DOCTOR

1. You, as parent/guardian, must complete & sign the Permission Slip, sign the Steroid Consent Form, sign the Concussion Awareness Form & complete & sign Part A: Pgs. 1 – 3 and the top of Part B, pg. 1.
2. Please make an appointment with your child's doctor for a physical. The doctor must review Part A: Pgs. 1 – 3 and must complete Part B: Pgs. 1 – 4 to its fullest extent.
3. After the physical, all forms must be given to the Athletic Director (including Permission Slip and Steroid Consent Form) by the due date announced in school.

NOTE: Your child will not be able to start official practice until all paperwork & physical are completed and returned.

FOR ATHLETES WITHOUT MEDICAL INSURANCE

1. You, as parent/guardian, must complete & sign the Permission Slip, sign the Steroid Consent Form, sign the Concussion Awareness Form & complete & sign Part A: Pgs. 1 – 3 and the top of Part B, pg. 1.
2. All forms must be given to the Athletic Director (including Permission Slip and Steroid Consent Form) by the due date announced in school.
3. The Athletic Trainer will schedule the athlete for a physical by the school's athletic physician at his/her facility pending academic eligibility. These physicals will be arranged in advance and will be held during the preseason of the upcoming sport season.

NOTE: Your child will not be able to start official practice until all paperwork & physical are completed and returned.

If you have any questions or need further information, please feel free to contact the Athletic Trainer at 609-383-6900 Ext. 4042 or the Athletic Director at 609-383-6900 Ext. 4043. Thank you for your time.

Sincerely,

Derrick L. Carrington, Sr.
Athletic Director

Kristen Sinclair, ATC
Athletic Trainer